Weight Loss GLP-1 Coverage

As of July 1st, Express Scripts will be covering weight loss GLP-1 medication with certain requirements.

In order for the medications to be covered, you must have a BMI of 32 or greater OR a BMI of 27-31 with documentation of two comorbid conditions Your doctor will be required to provide documentation during the prior authorization process.

You must also enroll and engage with Omada, a virtual health program. Omada helps members create healthier habits to achieve long-lasting results. In order to have your medication covered you will need to meet the following requirements each month.

1.Use the Omada App four times, by doing lessons or engaging with your health coach, peer group or online community.

2.Weigh in four times using the smart scale provided by Omada.

3.Lose at least 5% of your body weigh during the period before your first priorauthorization renewal.

If you want your weight loss GLP-1 medication to be covered by your plan, the following steps must happen: 1. Your doctor has to submit the prescription to the pharmacy which will be

rejected as "Not covered - engaged with Omada"

2. You can create an account by going to omadahealth.com/express-scripts

- 3. After the rejection is in place and the account is created, this is will trigger Omada to generate and email an access code. The access code takes about 24-72 hours to generate. The access code does not mean that the medication has been authorized.
- 4. After you receive your access code, you will have to fill out a questionnaire to ensure you are eligible. 24 hours after the questionnaire is completed, Omada sends Express Scripts a notification that you are eligible for the provider to start the prior-authorization.
- 5. At this point the pharmacy will send a notification to the provider to start the PA process or you can reach out after 24 hours to let the provider know the PA needs to be completed.
- 6. Express Scripts will use the information in the questionnaire and the information given by the provider to determine if the prior-authorization will be
- 7. The doctor has to visit the Express scripts online portal at esrx.com/PA or call the Express Scripts Prior Authorization department at 800-417-1764 to arrange for a prior authorization review.

<u>Please note, if you fail to meet the requirements listed above, your next prior-authorization will not be approved and you will have to wait 1 year to re-enroll in the program.</u>

This program is only for weight loss GLP-1 medications such as Wegovy and Zepbound. The requirements for Diabetic GLP-1 medications such as Ozempic and Mounjaro will be remain the same. If you are not a Type II Diabetic, you are not eligible for Ozempic and Mounjaro. The cost of these medications will go toward your \$18,000 tier limit.

LEHB is not responsible for the manufacturing, supply and availability of these medications. LEHB is also not responsible for locating a pharmacy that has the medication. If you are having trouble finding your medication please call LEHB and the prescription team can give you tips on the best way to try and obtain your medication.

Please call LEHB at 215-763-8290 if you have any questions.